

## HEALING

The word *heal* means to *make whole*. This definition applies to physical healing, which most envision when they hear the word, but to much more. It also means spiritual, emotional, and mental healing.

The New Testament records the healing of many people, physically and spiritually. Sin is the worst illness that humans can have, specifically unforgiven sin. Persons living in sin without Jesus Christ are more than sick; they are *dead* spiritually (**Ephesians 2:1-2**), cannot enter the kingdom of God, or go to heaven without God's touch (**John 3:5**). Until the moment you are reborn, believe in Jesus' death and resurrection, and proclaim Jesus as Lord with your mouth (**Romans 10:9-10**) you are spiritually dead and lost in sin. **Acts 2:1-47** (the day of Pentecost), **Acts 8:26-39** (conversion of the Ethiopian), and **Acts 16:25-34** (the Philippian jailor and his family are saved) are a few biblical examples of persons finding *spiritual* healing. If you are not reborn or sure that you have been spiritually healed, please visit [Getting Started](#).

Many read the following scripture, prophesying the coming of the Messiah Jesus, as the gold standard for physical healing: “. . . he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed” (**Isaiah 53:5**). The context of this **Isaiah 53** passage and that of **1 Peter 2** in the New Testament make it clear that the healing promised is *spiritual*. Jesus came to this earth and went to the cross to address sin and right-standing before God. And those who receive spiritual healing may also experience other forms of healing.

Physical, emotional, and mental healings have and do occur in the lives of followers of Christ. Through the power of the Holy Spirit working in the lives of believers, miracles still happen! People are healed of physical conditions, emotional struggles, and mental illness! The nine gifts of the Spirit include miracles and healings (**1 Corinthians 12:7-11**). Nowhere in scripture does it say that these gifts ceased to happen after the early days of the church. Many today in the 21<sup>st</sup> century share testimonies of God's healing and miraculous powers.

God's greatest desire is for people to find wholeness from spiritual death (sin and depravity). "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life" (**John 3:16**). Without the spiritual healing dimension of wholeness, we will not find true life nor walk in God's presence in eternity. *Complete* physical, emotional, and mental healing will not come this side of heaven, but some physical, emotional, and mental healings may be experienced now if we ask God in faith (**James 4:1-10**).

Ultimately, our complete healing awaits us in heaven. There, followers of Jesus made spiritually alive will have no more crying, pain, disease, suffering, or death (**Revelation 21:4**). We all need to be less preoccupied with our physical condition in this world and a lot more concerned with our spiritual condition (**John 3:1-6**).

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This is an introduction on the subject of **Healing**. Here are some other resources you may wish to explore:

[What does the Bible say about healing? | GotQuestions.org](#)

[What Does the Bible Say about Healing? \(christianity.com\)](#)

[Overview of New Testament Healings - Bible Study - BibleWise](#)

[102 Bible verses about Healing \(knowing-jesus.com\)](#)